

Savonlinna region - Room to Roam and Space to Breathe

Welcome to Savonlinna! Here you have room to roam and enjoy the holidays just the way you want. We wish you an enjoyable stay with us. Health and safety are our top priorities. If it happens that you get any COVID-19 symptoms during your stay, please, follow the instructions below.

FEELING SICK? IS THIS COVID-19?

It is essential to react immediately if you have even mild symptoms suggestive of COVID-19 (fever, coughing, sore throat, shortness of breath, muscle pains, fatigue, cold-like symptoms, nausea and diarrhea, loss of sense of smell or taste).

IF YOU HAVE ANY SYMPTOMS, APPLY FOR A TEST:

- **1** Stay in your accommodation and avoid contact with people you are not lodging with.
- 2 Inform the reception staff.
- 3 Apply for a COVID-19 test by eitherusing the Coronavirus symptom checker
- (www.omaolo.fi) to first assess your condition.
 calling the local healthcare center
 tel. +358 15 527 7112 (weekdays 8 am to 3.30 pm)
 calling the national Medical Helpline
 tel. 116 117 (other times than above)

A healthcare professional will assess your symptoms and give you further instructions on how to apply for a test.

IF YOU SUSPECT YOU HAVE BEEN EXPOSED TO THE VIRUS:

- Separate yourself from other people, stay home or in your accommodation.
- When going out, keep a distance of more than 2 meters with other people, take care of hand hygiene and wear a mask.
- Avoid public areas such as the reception of the hotel, restaurants, shops, pharmacies, group activities, public events and transportation, ride-sharing etc.
- Apply for a COVID-19 test with a low threshold, even with mild signs or symptoms.

EXPOSED TO COVID-19 DURING YOUR HOLIDAY? WHERE? WHEN?

Local healthcare authority **(Sosteri)** informs of the potential areas and places of exposure in Savonlinna area. Check the **Sosteri Facebook** and **www.sosteri.fi**.

If you find out after your holiday that you've been exposed to the coronavirus in the Savonlinna region, follow the instructions of the health authorities at your place of residence.









